



St Joseph's Catholic Primary School

Lancaster

Sport Premium Review 2017/18

Coaching/After School Sports Clubs:

Specialist PE coaches

Last year we employed three sports coaches to deliver football after school coaching sessions. One group specifically for pupils who had good football skills encouraging them to take part in interschool competitions, a group focusing on developing girl's football skills and a group to encourage anyone interested in the sport to develop their football skills and general fitness levels.

Impact: Pupils who accessed the clubs were enthusiastic and dedicated and the sessions were popular and well attended. The afterschool sessions allowed pupils to develop their skills and ability to play as part of a team. All groups were successful in competitions with the boys gaining second place and silver medals in the inter school football competition, the girls winning the local girls football tournament and the younger football group competing in many local 'friendly' games enjoying successes and team spirit.

This year: We aim to widen the choice of after school sports events. All pupils have been consulted to find out which clubs they would like to participate in (via the school's council group) combined with a whole school focus on growth mind set. Some of the new sports clubs on offer will be: dance, football, netball, dodgeball and self-defence.

Allocated amount: **2017-18 £3821**

Lunchtime Sports

To maximize our pupil's engagement in sports during the school day, all our welfare staff have been trained to supervise a variety of sports during lunchtimes. Last year, the pupils are able to choose which sports they would like to participate in over a week. Sports have included multi-skills in KS1, table tennis, tennis, football, table top football, rounders, Kick cricket and basketball in KS2.

We have also incorporated our outdoor adventure play area as a lunchtime zone for the younger children to encourage them to be adventurous. This equipment needs maintaining regularly and sports funding helps to pay the maintenance.

Impact: This has increased sporting participation and enjoyment. The welfare staff actively involve all the pupils and the sessions are fun and exciting. It has also given the pupils the experience to play sports that otherwise they would not have had the opportunity to. This has also had a positive impact

on behaviour during lunchtimes

This year: We will continue to deliver a sports programme as an integral part of lunchtimes. We have asked the pupils (through the schools council) to review the current range of sporting opportunities to find out if there are more sports that we could introduce that the pupils would like. They have indicated that they would like to have the opportunity to play tennis, dodgeball and take part in obstacle races! These will be incorporated into the sessions throughout the year. We are also introducing a change for life group in KS2 to encourage children to become active without the need to undertake a specific sport.

2017-18 £3109

Swimming—All the children in Key Stage 2 take part in swimming lessons. In 2016/17 all Year 6 children met the national curriculum requirements for swimming and water safety and could swim competently over a distance of at least 25 metres when they left the school. 74% could use a range of strokes effectively. 100% could perform safe self-rescue in different water-based situations.

In 2017/18 we identified a number of children who still required additional provision to ensure they meet the standard. We used PE Funding to provide extra swimming lessons in the summer term to achieve this.

New Sports

Tri golf: A group of Y3 and 4 pupils were given the opportunity to experience golf at one of our local Golf clubs. We chose children who would benefit from gross motor development and those who were reluctant to take part in larger team games. All the pupils thoroughly enjoyed their experience. **This was paid for through the Sports Partnership Funding.**

Crown Green Bowls: We also offered pupils the opportunity to play crown green bowls following a taster session last year. Pupils were encouraged to become members of local crown green bowling teams with the Sports Partnership having negotiated free membership. **This was paid for through the Sports Partnership Funding.**

Competitions

Sports partnership: We pay into the Local Lancaster and Heysham School Sports Partnership. Being part of this partnership allows us to enter lots of competitions over the year. These are held mainly at our link High School. On top of this, school has access to coaching sessions for staff to develop their skills.

Due to the lack of competitiveness in our school and the poor attendance at after school clubs, being involved in the Sports Partnership encourages our pupils to engage in a range of competitions and develop their understanding of the importance of PE lessons and attending after school clubs to improve skills and be able to participate in competitions.

Impact: School has achieved the Bronze Schools Games Marks award, a government initiative aimed at

rewarding school committed to the development of competitions across their school. All our pupils have engaged in level 1 competitions (intra schools competitions) and the majority of KS2 pupils have been involved in level 2 (inter school) competitions. Last year, we took part in a range of competitions or events including dance, athletics, football, netball, tri golf and bowling.

Here is a list of some of the inter school competitions entered this year: dance, football, netball, touch rugby, bowling and summer sports. We were also also involved in a fun Change for Life day.
2017 –18 £3295

A Mile A Day

In 2016 a campaign was launched to persuade primary schools to incorporate a daily one mile run into their timetables to improve children's health and support the government drive in tackling childhood obesity.

Over the last year, we have agreed to incorporate the Mile A Day run into our curriculum to enhance our work on encouraging healthy, active lifestyles and aid concentration in class. This has been boosted by having a running track laid around our top field.

Impact In all weathers, all the children from Reception to Year 6 have gone out and participated in 'running a mile'. Staff (in KS1 particularly) have seen an impact in the children's levels of concentration. The results of a pupil questionnaire show the pupils in KS2 feel they have developed their levels of fitness as well as their concentration

2017-18 £6000

Outdoor education

Two years ago, to enhance our outdoor provision, Year 6 spent 3 days on a residential trip to Borwick Hall where they participated in canoeing, rock climbing and low ropes work. Last year we sent Y6 for a week to take part in a wider range of outdoor pursuits including caving, high ropes, canoeing, abseiling, rock climbing and ghyll scrambling. To enhance outdoor provision across KS1 and KS2 we also be utilised the climbing facilities and indoor play area at our local Sports College at a reduced cost through the LSN funding.

All KS2 pupils will have the opportunity to access outdoor provision at Borwick Hall, partly funded through the Sports Partnership Funding.

Impact They had a fantastic time and not only developed their physical skills but their teamwork skills too. The children were given the opportunity to try a range of outdoor and adventurous skills that were new to them

2017-18 £2500

Inclusion

Pupils in Year 6 took part in the Dare to Believe Inclusion Festival organised by the local Sports Partnership Funding. This is a multiskills/sports event for children with and without special educational needs and/or disabilities. There was an opportunity to take part in different sports, some of which are Paralympic sports.

We also held a demonstration of Wheelchair Basketball by the coach of the local Wheelchair Basketball Team, Lancaster Bulldogs.

2017-18 £350